

## Kevin Tehrani, MD, FACS

Aristocrat Plastic Surgery  
Great Neck, New York  
New York, New York

### ASK DR. TEHRANI

#### HOW WOULD YOU BEST SUMMARIZE YOUR PHILOSOPHY?

Our goal is to help our patients achieve their ideal beauty, vitality and health throughout their lifetime. Surgical enhancements made to my patient's physical form dramatically improve their self-confidence, which is life changing.

#### WHAT DOES A CONSULTATION WITH YOU ENTAIL?

I routinely spend an hour with new consultations—and that's just on the first visit. Two consultations are strongly recommended. I take pride in our interactive, consultative process. Listening to the patient while reviewing their images on the computer, we quickly find a shared perspective. Using these communication tools, we both part with a concise idea of the surgical options. During the second consultation, patients are more focused and we address more specific details until I feel confident about our choices.

#### WHAT IS NEW AT YOUR PRACTICE?

We're in the process of adding another 5,000 square feet to include more MedSpa services, including SmoothShapes<sup>®</sup>XV cellulite treatments and CoolSculpting<sup>®</sup>, a noninvasive fat reduction tool. Both are ways to address body concerns and complement surgery without any downtime.

### INTERESTING INNOVATIONS

Going the extra mile to provide patients with a better cosmetic surgery experience, Dr. Tehrani recently launched an iPhone app for patients to use before, during and after the consultation phase. Known as iLipo, the app allows patients to take their own before picture and alter the image to portray their desired surgical results. The iLipo app allows patients accessibility to the practice using Skype, Dr. Tehrani says. "It's important for patients to quickly see what I can do on them instead of only looking at other patients with different body types." In addition to technological advancements, Dr. Tehrani is pioneering an innovative program for patients via an in-house, post-surgical maintenance sculpting studio. "I want to offer patients a way to maintain their results so we're bringing in a personal trainer specialist who assists them in maximizing their surgical results," Dr. Tehrani says.



### BEAUTIFUL BREASTS

Seeking to enhance the size of her breasts, while still maintaining a natural aesthetic, this 21-year-old patient sought out Dr. Tehrani for TUBA breast augmentation. "By going through the belly button, we were able to avoid scars on the breasts. And operating under the muscle enabled us to create a very natural contour," says Dr. Tehrani.



### TIMELESS TUMMY TUCKS

"My 39-year-old patient wanted a smoother, flatter abdomen, which she couldn't fix with diet and exercise alone," he says. "In performing a lateral tension abdominoplasty, I was able to tighten her abdominal muscles and remove excess, lax skin. The results are very dramatic, and also very natural-looking—a great combination when it comes to body contouring."

“my curiosity leaves me open to cutting-edge procedures”

### MEET THE EXPERT

## Kevin Tehrani, MD, FACS

American Board of Plastic Surgery

#### SERVICES OFFERED

Lateral Tension Abdominoplasty (Tummy Tuck)  
Breast Augmentation (TUBA)  
Breast Lift / Reduction  
Ultrasonic / Smartlipo<sup>®</sup> / Awake Lipo  
Blepharoplasty and Browlift  
Short-Scar Facelift  
Aesthetic Injectables  
Coolsculpting  
SmoothShapes XV  
Cellulite Reduction

#### ABOUT DR. TEHRANI

#### WHAT WORDS BEST DESCRIBE YOUR BEDSIDE MANNER?

Attentive, conscientious, yet approachable.

#### WHAT FASCINATES YOU MOST ABOUT THE HUMAN BODY?

The possibility of altering the balance between different areas of the body to achieve true form and function.

#### WHERE DO YOU PERFORM YOUR SURGERIES?

I have JCAHO-accredited surgical suites in my offices, which offer improved safety, greater privacy and convenience for my patients.



**MEDICAL DEGREE**  
SUNY – Downstate

**LOCATIONS**  
Great Neck, New York  
New York, New York

**CONTACTS**  
516.498.9790  
212.439.9900

To learn more about the practice visit  
[aristocratps.com](http://aristocratps.com)